

Buzzards vs. Lighting

May 8st @ 6:00pm

LOCATION: Sister High School
1700 W. McKinney Butte Rd
Sisters, OR 97759
*1hr 50mins (93 Miles)

FIELD: **NATURAL GRASS**

UNIFORMS: **WHITE Jersey, BLUE Pants**

* BRING SOCKS – MEDIUM BLACK SOX* * BRING LEG PADS* *YES LOCKER ROOMS*
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12:30 Meet @ IHOP (Gateway in Springfield)

1:00 Leave IHOP

3:00 Arrive @ Sisters High School

-Tape (skilled guys 1st)
-Mental Prep
-Gear Up

4:40 Receivers/QB's Routes, NO PADS

4:55 Team Meeting *NAMING OF CAPTAIN*

5:00 Stretch & Form Run (w/out pads)

5:30 Pad Up

5:35 Team O/D

5:55 Take the Field

6:00 **BEAT THE LIGHTING!!!!**